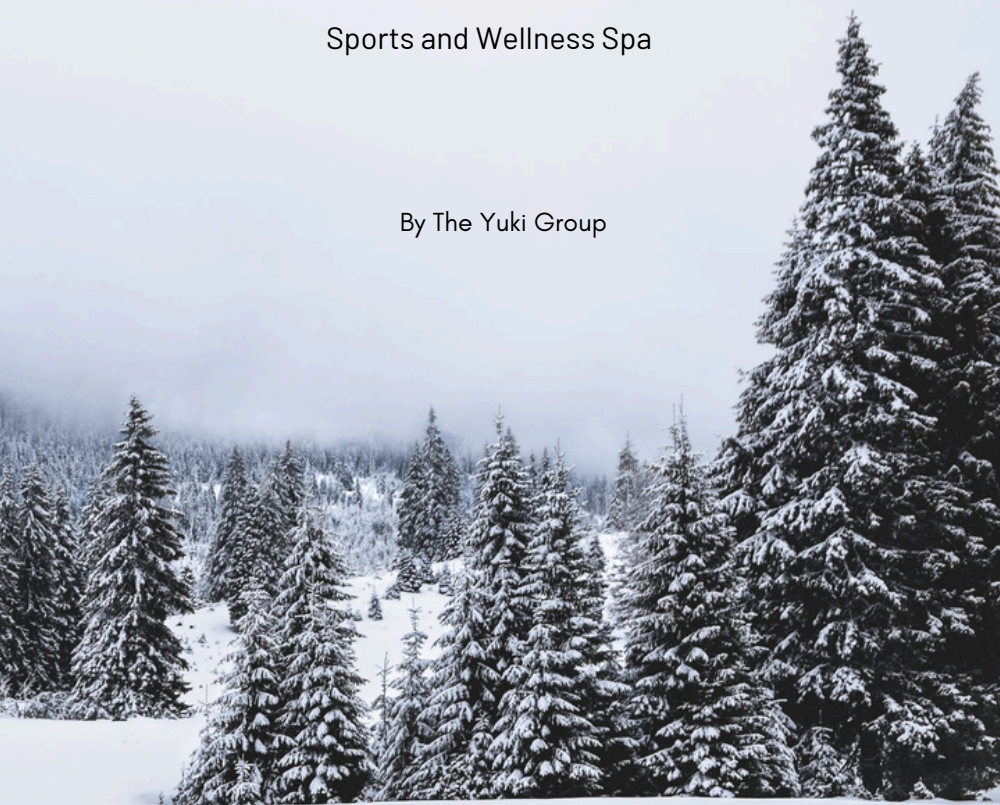


樹氷

JUHYO

Sports and Wellness Spa

By The Yuki Group



THE
GREEN *gb* LEAF
Niseko Village

樹氷

Juhyo, meaning 'snow covered trees', sets the scene for our cozy spa, nestled in the spectacular nature that surrounds The Green Leaf hotel. Juhyo Spa is a welcoming haven of warmth and winter aura. The combination of japanese aesthetics and hospitality, together with sports science knowledge, has created the unique concept behind this sports and wellness spa. Through many years of training and knowledge, we ensure that an exceptional experience is delivered to our guests.

Wellness Treatments

Shiatsu Dry Massage 60/90min

¥16,000/22,000

Choose Medium to High pressure

This Asian treatment combines traditional Japanese finger pressure techniques and acupressure along the meridian lines of the body. Shiatsu awakens your body's natural energy system and helps to relieve tension.

Aromatherapy Oil Massage 60/90min

¥18,000/25,000

Choose Mild-Medium pressure

Soft sweeping strokes and swedish massage techniques will relieve stress and relax muscles, resulting in harmony between mind and body. Our aromatherapy experts at Hikobayu, have hand-crafted unique oil blends based on our local Niseko fir trees. Experience the scent of Niseko and the power of nature, whilst enjoying our most relaxing massage.

Deep Sports Massage 60/90min

¥19,000/27,000

Choose Medium-High pressure

This tailor-made athletic massage, was designed by our physiotherapy partners to help skiers and boarders recover faster. The goal of our sports massage is to ease tight muscles and to improve flexibility. Proper recovery will increase the body's endurance, maximise sports performance and help to prevent injury.

Wellness Treatments

Laneige Skincare

'Laneige' comes from the French word meaning 'the snow'. After 25 years studying water science, Laneige has put hydration at the heart of their mission. They have become one of Korea's top skincare brands, because the secret to great skin is hydrated skin!

10-step Hydration Facial & Head Massage 50mins ¥18,000

Indulge in our Korean inspired signature hydration facial. Laneige's cutting-edge skincare products have been developed using advanced water science technology. This unique facial is based on Korea's renowned 10-step regime, resulting in a deeply nourishing and hydrating experience. Powered by Korea's innovation, we bring you the ultimate solution to quench your thirsty skin in this dry winter air. While soaking up all the goodness of your hydration mask, choose between an express head or foot massage.

Deluxe Winter Package 100mins ¥33,000

Indulge in our heavenly massage and facial package, designed to leave you in a state of euphoric relaxation. Unwind and enjoy a full body aromatherapy or shiatsu massage, as you feel all tension release from within. Once you are in a deep cocoon of relaxation, you will be pampered with our signature hydration facial. Finish off with a heavenly head massage. Treat yourself to the best!

Kids massage (age6-12years) 50mins ¥13,000

This is a great introduction to the benefits of massage for your mini-athletes.

Kiddie deluxe package (age6-12years) 80mins ¥22,000

Full body massage followed by our kids hydration facial. We use a simple hydrating cleanser, toner and moisturizer for their delicate skin, however we do not advise facials for children with any skin conditions or skin allergies.

Tax Included

Sports Treatments

Juhyo Spa has partnered up with Peak Physiotherapy, to bring you cutting edge physiotherapy treatment, carried out by their internationally trained physiotherapists. Please note they are not Japanese registered Rigaku-Ryohou.

Physiotherapy consultation 60mins

¥25,000

Peak physiotherapy are sports injury specialists. Your physio will carry out a complete physical assessment. You will be given a diagnosis and prognosis of your injury. Depending on the exact nature of the injury, treatment may include; trigger point release, hot/cold therapy, kinesio taping, stretching and exercise prescription. Clients will be provided with an English medical report, which may be used to claim against international travel insurance.

Custom Remedial Physio massage 60/90mins

¥25,000/36,000

A customized therapeutic physiotherapist-led massage. Aimed to decrease pain and improve functional limitations. Following a brief medical history and movement assessment, your physiotherapist will use trigger point therapy, dynamic stretching and joint mobilisation to restore movement pattern and promote healing.

For all treatments listed on this page, **please book directly with the physiotherapy team**

Please whatsapp or email.
+81(0) 70-4327-0117

Email
Info@peak-physio.com

www.peak-physio.com



Location

The Green Leaf Hotel, Niseko Village

Business hours

13.00-21.00

Bookings & Enquiries

juhyo@tyg-spas.com

Payment

We accept all major credit cards

We do not take cash

Cancellation policy

Cancelled or rescheduled appointments made less than 12hours before their scheduled time will be subject to 50% charge. No shows will be subject to 100% charge. These will automatically be charged to the room. If you are late for your appointment, we may not be able go over your treatment time if there is another booking straight after. The full fee of the original treatment booked will be charged.

Spa Etiquette

Please turn your phone on silent

A minimum of underwear must be worn for all treatments

Avoid speaking loudly so as not to disturb other guests

www.theyukigroup.com/juhyo

